MAUI COLLEGE



Dean Louie, Associate Professor Coordinator- Lahaina Education Center (Fall 2020) UHMC Academic Affairs

Benedictine Crostini Recipe By Chef Rosa Mariotti

Quick Massa Sovada - one loaf Portuguese Sweet Bread

Baking Ingredients 1 1/2 t dry yeast 1/3 C lukewarm milk 3 T sugar

1 1/2 C (200 g for accuracy) Bread flour or All Purpose Flour zest of one lemon

1 Large Egg 2 T unsalted butter 1/2 t salt

Egg wash glaze for brushing before baking 1 egg yolk a pinch of salt 1 T water

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Benedictine Cucumber Filling: 12 portions 12 Buttered and toasted sliced Sweet Bread 1/2 c diced Keiki cucumber 2 T minced maui onion 4 oz cream cheese. 2 T minced herbs

For Garnish 12 thin slices cucumber Chives, mint, basil leaves

Sea salt, tobiko and/or sieved salted/cured egg yolks



You Tube URL: https://www.youtube.com/watch?v=G9UBksi11hA

Baking 101; UHMC ELWD Ho'Ala Continuing Education

2PM-5PM Saturday October 10, 2020, Laulima 106 Enrollment: Contact elwdmgr1@hawaii.edu / (808) 984-3557

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