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Summary Report

Part I: A description of the activity and how it impacted student learning and success/your job/UH Maui College.

The 2021 American Association of Nurse Practitioners (AANP) Online Conference began on June 15th and ended on August 31st, 2021. I watched recordings of 26 presentations for a total of 25.4 contact hours of professional development. For renewal of my certification as an adult nurse practitioner (every 5 years), one criterium is a minimum of 75 hours of continuing education in my certification specialty; 25 of these must be in pharmacotherapeutics, and half must be by an “approved” provider. AANP happens to be one of these approved providers (it is a very limited list), and many of their presentations have components that address pharmacotherapeutics. As a result, participation in this conference enabled me to meet the eligibility requirements to renew my certification this fall. Certification is a requirement for me to serve as a nurse practitioner at our UHMC Campus Health Center and to maintain eligibility for our Family Planning grant which enables us to offer low to no-cost family planning services to our community (including birth control and sexually transmitted infection screening and treatment). Certification is also a mark of excellence which is consistent with our UHMC 2015-2021 Strategic Directions in Quality of Learning, Objective 1: *A college culture that promotes excellence in teaching and learning for students, faculty, and staff.* Participation in national conferences like this one enables me to stay current with evidence-based (EB) practice which makes me a safe provider and ensures current content expertise as a teacher.

Part 2: A description of how the knowledge and experiences were shared.

I selected sessions from the many offering by focusing on topics I teach and the types of patients we care for in the hospital and in the health center. For example, this semester I’ll be teaching the topics of “Development: Adolescence” and “Sexuality and Reproduction” for the NUR210 Health Across the Lifespan course, so I selected sessions called *Adolescent Health Update 2021* and *Gynecological Issues for Adolescent Girls* and made notes to update and enhance my slides and presentation. These topics also prepare me to provide best care to our younger family planning clients at the Health Center. Similarly, I viewed presentations on *Top Ten Obesity Myths* and *Childhood Obesity Update* and made adjustments for my upcoming teaching on the concept of nutrition for which obesity is an exemplar. I selected topics on respiratory disease to prepare for teaching “gas exchange” next semester in NURS220 Health & Illness I and cardiovascular topics to prepare to teach “perfusion” in NURS360 Health & Illness III. This information will be shared with entire nursing cohorts, giving them the most current information on these topics (more so than can be found in textbooks) as well as guiding our care for patients in our upcoming clinical practicum in the hospital.

Other sessions provided me with a better understanding of emerging technologies to inform decision-making for our Health Center: *Understanding the Legalities of Telemedicine* and *Inspiration, Innovation, and Insight: Leveraging Technology to Improve Patient Outcomes*, for example. We have not had our first meeting of the semester yet, but we are considering where telemedicine might fit into our offerings, and the knowledge I gained through these sessions will inform our discussion. Another timely topic I viewed was *Occupational and Environmental Health Nursing in the time of COVID*, which informs my work on our UHMC COVID-19 Task Force. As far as sharing with non-provider nursing faculty, we have not yet had time at our program meetings to share professional development activities due to emerging concerns and planning needs related to the COVID-19 pandemic, but it is a pending agenda item that will hopefully provide an additional forum for sharing when time permits.