Cultural Bag – Joyce Yamada

Think about the term “culture” and brainstorm what culture means to you.

Definition:

**Culture** is a system of norms, standards, and control mechanisms with which members of society assign meanings, values, and significance of things, events, and behaviors; culture includes patterns of knowledge, skills, behaviors, attitudes, and beliefs, as well as material artifacts produced by human society and transmitted from one generation to another (Pai, Adler, & Shadiow, 2006, p. 239).

On each of the cards write an important aspect of your identity – an identifier or descriptor that you feel is important in defining you – What is important to you in your culture/community?
Individual ACTIONS I can take to break down the barriers to creating a diverse community are:

A few sample action ideas could be…
☐ Talk to someone you’ve never talked to before.
☐ Fight stereotypes by getting to know different kinds of people.
☐ Reach out to people who are alone.
☐ Volunteer with a community organization.
☐ Mentor new employees; give them a hand or advice when they need it.
☐ Join a new club or organization. Get to know different kinds of people.
☐ Speak up when you hear someone make a put-down or unfair remark.

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