

Learning Style Inventory

Check the answer that most closely describes your preference.

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|---|---|---|---|
| 1. If I have to learn how to do something, I learn best when I... | <input type="checkbox"/> hear someone tell me how. | <input type="checkbox"/> watch someone show me how. | <input type="checkbox"/> try to do it myself. |
| 2. When I read, I often find that I... | <input type="checkbox"/> read out loud or hear the words inside my head. | <input type="checkbox"/> visualize what I'm reading in my mind's eye. | <input type="checkbox"/> fidget and try to "feel" the content. |
| 3. When I am asked to give directions, I... | <input type="checkbox"/> have no difficulty in giving them verbally. | <input type="checkbox"/> see the actual places in my mind as I say them or prefer to draw them. | <input type="checkbox"/> have to point or move my body as I give them. |
| 4. If I had to remember a list of items, I would remember best if I... | <input type="checkbox"/> said them over and over to myself. | <input type="checkbox"/> wrote them down. | <input type="checkbox"/> moved around and used my fingers to name each item. |
| 5. I prefer teachers who... | <input type="checkbox"/> talk with a lot of expression. | <input type="checkbox"/> use the board or overhead projector while they lecture. | <input type="checkbox"/> use hands-on activities. |
| 6. When trying to concentrate, I have a difficult time when... | <input type="checkbox"/> there is a lot of noise in the room. | <input type="checkbox"/> there is a lot of clutter or movement in the room. | <input type="checkbox"/> I have to sit still for any length of time. |
| 7. When solving a problem, I... | <input type="checkbox"/> talk myself through it. | <input type="checkbox"/> write or draw diagrams in order to see it. | <input type="checkbox"/> use my entire body or move objects to help me think. |
| 8. When given written instructions on how to build something, I... | <input type="checkbox"/> read them out loud and talk to myself as I put the parts together. | <input type="checkbox"/> read them silently and try to visualize how the parts will fit together. | <input type="checkbox"/> try to put the parts together first and read later. |
| 9. To keep occupied while waiting, I... | <input type="checkbox"/> talk to or listen to others. | <input type="checkbox"/> Look around, stare, or read. | <input type="checkbox"/> walk around, manipulate things with my hands, or move/shake my feet as I sit. |
| 10. If I had to verbally describe something to another person, I would... | <input type="checkbox"/> go into great detail because I enjoy talking. | <input type="checkbox"/> be brief because I do not like to talk at length. | <input type="checkbox"/> gesture and move around while talking. |
| 11. If someone were verbally describing something to me, I would... | <input type="checkbox"/> enjoy listening but want to interrupt and talk myself. | <input type="checkbox"/> try to visualize what she/he is saying. | <input type="checkbox"/> become bored if his/her description got too long and detailed. |
| 12. When trying to recall names, I remember... | <input type="checkbox"/> names but forget faces. | <input type="checkbox"/> faces but forget names. | <input type="checkbox"/> the situation in which I met the person better than the person's name or face. |

Total Scores:

Add the check marks in each column.

___ A

___ B

___ C

Instructions:

Add the number of responses in each column and enter the total score. The area with the highest number of responses is probably your primary mode of learning.

Because most people learn through a mixture of all three styles, consider all different learning suggestions and select those you feel will work best for you.

A - The Auditory learner learns best by hearing.

B - The Visual learner learns best by seeing.

C - The Kinesthetic learner learns best by doing and moving.

There are, of course, no right or wrong learning styles.

Learning Style Inventory

Discover your preferred cognitive style for learning.

There are twelve incomplete sentences and three choices for completing each sentence. Place a check in front of the answer that most closely reflects your preference.

Adapted from:

Learning to Study Through Critical Thinking
by Jonelle A. Beatrice