

The following will serve as a guideline for the post-activity survey. Surveys will be created using Google Forms and will be emailed to all participants.

UHMC WELLNESS HUI ACTIVITY SURVEY

UHMC Wellness Hui's mission is to transform our campus community into a better place to work and study. We will promote and encourage employees and students to make small changes so they can enjoy healthy and happy lives.

On a scale of 1 through 5 (1 = No, I strongly disagree; 5 = Yes, I strongly agree), please rate the following:

1. From today's session, I increased my awareness of the UHMC Wellness Hui and its mission to transform our campus community into a better place to work and study.
2. The instructor/facilitator was effective and informative.
3. Overall, I feel this wellness activity was valuable and/or informative.
4. What I learned in today's wellness activity:
5. What I liked about today's wellness activity:
6. Suggestions to improve today's wellness activity:
7. Suggestions for future wellness activities:
8. Comments:

The following will serve as a guideline for the employee satisfaction survey that will be sent out at the beginning and ending of each semester. Surveys will be created using Google Forms and will be emailed to all employees via Maui Announcements.

UHMC WELLNESS HUI EMPLOYEE SATISFACTION SURVEY

1. Have you heard of Blue Zones Project? (SELECT ONE: Yes/No)
2. Have you heard of UHMC's Wellness Hui? (SELECT ONE: Yes/No)
3. Please select the most appropriate response: I am (SELECT ONE: highly engaged/somewhat engaged/not engaged at all) in UHMC's wellness effort.
4. On a scale of 1-10, with 1 being the lowest and 10 being the highest, please answer the following: I feel that UH Maui College provides me with opportunities to improve my well-being while at work.
5. On a scale of 1-10, with 1 being "not meaningful" and 10 being "every meaningful," how meaningful do you find your work to be?
6. On a scale of 1-10, with 1 being "unsatisfied" and 10 being "very satisfied," how satisfied are you with our organization's culture?
7. Do you feel valued for your contributions? (SELECT ONE: Yes/No/I don't know)
8. On a scale of 1-10, with 1 being "not connected" and 10 being "very connected," how connected do you feel to co-workers:
 - a. In your department or division?
 - b. Outside of your department or division?
9. Suggestions for future wellness activities:
10. Comments: